

Native Plants for Attracting Butterflies

Genus Species	Common Name	Food	Larval Plant	Butterfly
Trees				
<i>Acer nigrum</i>	Black Maple			
<i>Acer rubrum</i>	Red Maple			
<i>Acer saccharinum</i>	Silver Maple			
<i>Acer saccharum</i>	Sugar Maple			
<i>Acer spicatum</i>	Mountain Maple			
<i>Amelanchier arborea</i>	Common Serviceberry			
<i>Amelanchier laevis</i>	Juneberry, Allegheny Serviceberry			
<i>Amelanchier spicata</i>	Dwarf Serviceberry			
<i>Betula alleghaniensis</i>	Yellow Birch		Larval	Eastern Tiger Swallowtail, Mourning Cloak, White Admiral
<i>Betula papyrifera</i>	Paper Birch		Larval	Eastern Tiger Swallowtail, Mourning Cloak, White Admiral
<i>Carpinus caroliniana</i>	Musclewood, American Hornbeam			
<i>Carya cordiformis</i>	Bitternut Hickory			
<i>Carya ovata</i>	Shagbark Hickory		Larval	Hickory Hairstreak
<i>Celtis occidentalis</i>	Hackberry		Larval	Mourning Cloak, Question Mark, Commas, Hackberry Emperor, Tawny Emperor, American Snout, Mourning Cloak
<i>Cornus alternifolia</i>	Pagoda Dogwood		Larval	Spring Azure
<i>Crataegus crusgalli</i>	Cockspur Hawthorn	Nectar		
<i>Crataegus mollis</i>	Downy Hawthorn	Nectar		
<i>Crataegus punctata</i>	Dotted Hawthorn	Nectar		
<i>Fraxinus americana</i>	White Ash		Larval	Eastern Tiger Swallowtail
<i>Fraxinus nigra</i>	Black Ash		Larval	Eastern Tiger Swallowtail
<i>Fraxinus pennsylvanica</i>	Green Ash			
<i>Juglans cinera</i>	Butternut			
<i>Juglans nigra</i>	Black Walnut			
<i>Malus ioensis</i>	Prairie Crabapple			
<i>Ostrya virginiana</i>	Ironwood, Hop Hornbeam			
<i>Platanus occidentalis</i>	Sycamore			
<i>Populus deltoides</i>	Cottonwood		Larval	Eastern Tiger Swallowtail, Mourning Cloak, Viceroy, White Admiral, Red-spotted Purple, Dreamy Duskywing
<i>Populus grandidentata</i>	Bigtooth Aspen		Larval	Eastern Tiger Swallowtail, Mourning Cloak, Viceroy, White Admiral, Red-spotted Purple, Dreamy Duskywing
<i>Populus tremuloides</i>	Quacking Aspen		Larval	Eastern Tiger Swallowtail, Mourning Cloak, Viceroy, White Admiral, Red-spotted Purple, Dreamy Duskywing
<i>Prunus americana</i>	American Plum	Nectar	Larval	Red-spotted Purple, Viceroy, Admirals, Coral Hairstreak
<i>Prunus nigra</i>	Canadian Plum		Larval	Red-spotted Purple, Viceroy, Admirals, Coral Hairstreak
<i>Prunus pensylvanica</i>	Pin Cherry	Nectar	Larval	Eastern Tiger Swallowtail, Viceroys, Admirals, Red-spotted Purple, Spring Azure, Coral Hairstreak
<i>Prunus serotina</i>	Black Cherry	Nectar	Larval	Eastern Tiger Swallowtail, Viceroys, Admirals, Red-spotted Purple, Spring Azure, Coral Hairstreak

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<i>Prunus virginiana</i>	Choke Cherry	Nectar	Larval	Eastern Tiger Swallowtail, Viceroy, Admirals, Red-spotted Purple, Spring Azure, Coral Hairstreak
<i>Ptelea trifoliata</i>	Waferash			
<i>Quercus alba</i>	White Oak	Nectar	Larval	Red-spotted Purple, Banded Hairstreak, Edwards Hairstreak, Viceroy, Sleepy Duskywing, Horace's Duskywing
<i>Quercus bicolor</i>	Swamp White Oak	Nectar	Larval	Red-spotted Purple, Banded Hairstreak, Edwards Hairstreak, Viceroy, Sleepy Duskywing, Horace's Duskywing
<i>Quercus borealis</i>	Red Oak	Nectar	Larval	Red-spotted Purple, Banded Hairstreak, Edwards Hairstreak, Viceroy, Sleepy Duskywing, Horace's Duskywing
<i>Quercus coccinea</i>	Scarlet Oak	Nectar	Larval	Red-spotted Purple, Banded Hairstreak, Edwards Hairstreak, Viceroy, Sleepy Duskywing, Horace's Duskywing
<i>Quercus ellipsoidalis</i>	Northern Pin Oak	Nectar	Larval	Red-spotted Purple, Banded Hairstreak, Edwards Hairstreak, Viceroy, Sleepy Duskywing, Horace's Duskywing
<i>Quercus macrocarpa</i>	Bur Oak	Nectar	Larval	Red-spotted Purple, Banded Hairstreak, Edwards Hairstreak, Viceroy, Sleepy Duskywing, Horace's Duskywing
<i>Quercus velutina</i>	Black Oak	Nectar	Larval	Red-spotted Purple, Banded Hairstreak, Edwards Hairstreak, Viceroy, Sleepy Duskywing, Horace's Duskywing
<i>Salix amygdaloides</i>	Peachleaf Willow	Nectar	Larval	Mourning Cloak, Viceroy, Red-spotted Purple, Eastern Tiger Swallowtail, Acadian Hairstreak, Dreamy Hairstreak
<i>Salix bebbiana</i>	Beaked Willow	Nectar	Larval	Mourning Cloak, Viceroy, Red-spotted Purple, Eastern Tiger Swallowtail, Acadian Hairstreak, Dreamy Hairstreak
<i>Salix discolor</i>	Pussy Willow	Nectar	Larval	Mourning Cloak, Viceroy, Red-spotted Purple, Eastern Tiger Swallowtail, Acadian Hairstreak, Dreamy Hairstreak
<i>Salix nigra</i>	Black Willow	Nectar	Larval	Mourning Cloak, Viceroy, Red-spotted Purple, Eastern Tiger Swallowtail, Acadian Hairstreak, Dreamy Hairstreak
<i>Tilia americana</i>	Northern Basswood , Linden		Larval	Question Mark
<i>Ulmus americana</i>	American Elm		Larval	Mourning Cloak, Question Mark, Commas
<i>Ulmus rubra</i>	Slippery Elm		Larval	Mourning Cloak, Question Mark, Commas
<i>Xanthoxylum americanum</i>	Prickly Ash		Larval	Giant Swallowtail
Evergreens				
<i>Abies balsamea</i>	Balsam Fir			
<i>Juniperus virginiana</i>	Eastern Red Cedar		Larval	Juniper Hairstreak
<i>Pinus banksiana</i>	Jack Pine		Larval	Eastern Pine Elfin
<i>Pinus resinosa</i>	Red Pine			
<i>Pinus strobus</i>	White Pine		Larval	Eastern Pine Elfin
Shrubs				
<i>Amelanchier sanguinea</i>	Roundleaf Serviceberry			
<i>Aronia melanocarpa</i>	Black Chokeberry			
<i>Ceanothus americanus</i>	New Jersey Tea		Larval	Mottled Duskywing
<i>Cephalanthus occidentalis</i>	Buttonbush	Nectar	Larval	Spring Azure
<i>Cornus amomum</i>	Silky Dogwood	Nectar		
<i>Cornus canadensis</i>	Bunchberry		Larval	Spring Azure
<i>Cornus racemosa</i>	Gray Dogwood		Larval	Spring Azure
<i>Cornus rugosa</i>	Roundleaf Dogwood		Larval	Spring Azure
<i>Cornus stolonifera</i>	Red-osier Dogwood		Larval	Spring Azure
<i>Ilex verticillata</i>	Winterberry		Larval	Spring Azure

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Potentilla fruticosa	Shrubby Potentilla		Larval	Dorcas Copper
Rhus aromatica	Fragrant Sumac			
Rhus glabra	Smooth Sumac			
Rhus typhina	Staghorn Sumac		Larval	Spring Azure
Ribes americanum	American Black Currant		Larval	Spring Azure
Ribes cynosbati	Prickly Gooseberry			
Ribes missouriense	Missouri Gooseberry			
Ribes odoratum	Clove Currant			
Rosa arkansana	Prairie Rose			
Rosa blanda	Smooth Rose			
Rosa carolina	Pasture Rose, Carolina Rose			
Sambucus canadensis	Elderberry			
Spiraea alba	White Meadowsweet			
Symphoricarpos albus	Snowberry	Nectar	Larval	Spring Azure
Vaccinium angustifolium	Lowbush Blueberry		Larval	Brown Elfin, Spring Azure, Pink-edged Sulphur
Vaccinium corymbosum	Highbush Blueberry		Larval	Brown Elfin, Spring Azure, Pink-edged Sulphur
Viburnum acerifolium	Maple-Leaf Viburnum		Larval	Brown Elfin, Spring Azure
Viburnum dentatum	Arrowwood Viburnum		Larval	Spring Azure
Viburnum nudum	Witherod Viburnum		Larval	Spring Azure
Viburnum rafinesquianum	Downy Arrowwood		Larval	Spring Azure
Viburnum trilobum	Highbush Cranberry		Larval	Spring Azure
Woodland Plants				
Asarum canadense	Wild Ginger	Nectar		Pipevine Swallowtail
Asclepias exaltata	Poke Milkweed	Nectar	Larval	Monarch, Regal Fritillary, Clouded Sulphur
Aster sagittifolius	Arrow Leaved Aster	Nectar	Larval	Pearl Crescent
Blephilia hirsuta	Hairy Wood Mint			
Fragaria virginiana	Wild Strawberries	Nectar		Gray Hairstreak
Geranium maculatum	Wild Geranium			
Helianthus divaricatus	Woodland Sunflower	Nectar		Eastern Tiger Swallowtail
Helianthus strumosus	Woodland Sunflower	Nectar		Eastern Tiger Swallowtail
Houstonia caerulea	Bluets			
Lonicera dioica	Limber Honeysuckle (Vine)	Nectar		Swallowtails
Mertensia virginica	Virginia Bluebells			
Phlox divaricata	Woodland Phlox, Wild Blue Phlox	Nectar		Clouded Sulphur

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<i>Solidago flexicaulis</i>	Zig-zag Goldenrod	Nectar	Larval	Bronze Copper
<i>Solidago ulmifolia</i>	Elm Leaved Goldenrod	Nectar	Larval	Bronze Copper
<i>Viola canadensis</i>	Canadian White Violet	Nectar		
<i>Viola labradorica</i>	Dog Violet	Nectar		
<i>Viola pubescens</i>	Downy Yellow Violet	Nectar		
<i>Viola sororia</i>	Common Blue Violet	Nectar	Larval	Great Spangled Fritillary, Meadow Fritillary, Aphrodite Fritillary, Variegated Fritillary
Prairie Plants				
<i>Achillea millefolium</i>	Yarrow	Nectar		Black Swallowtail, American Painted Lady
<i>Agastache foeniculum</i>	Lavendar Hyssop			
<i>Allium canadense</i>	Meadow Garlic, Wild Garlic	Nectar		
<i>Allium cernuum</i>	Nodding Wild Onion	Nectar		
<i>Amorpha canescens</i>	Leadplant		Larval	Southern Dogface, Silver-spotted Skipper
<i>Anaphalis margaritacea</i>	Pearly Everlasting	Nectar	Larval	American Painted Lady
<i>Angelica atropupurea</i>	Great Angelica			
<i>Apocynum androsaemifolium</i>	Spreading Dogbane	Nectar		Aphrodite Fritillary
<i>Apocynum sibiricum</i>	Clasping Dogbane, Indian Hemp	Nectar		Aphrodite Fritillary
<i>Aquilegia canadensis</i>	Columbine		Larval	Columbine Duskywing
<i>Arabis lyrata</i>	Sand Cress	Nectar		
<i>Asclepias amplexicaulis</i>	Clasping Milkweed	Nectar	Larval	Monarch, Regal Fritillary, Clouded Sulphur
<i>Asclepias incarnata</i>	Swamp Milkweed	Nectar	Larval	Monarch, Regal Fritillary, Clouded Sulphur, Bronzed Copper
<i>Asclepias sullivantii</i>	Prairie Milkweed	Nectar	Larval	Monarch, Regal Fritillary, Clouded Sulphur
<i>Asclepias syriaca</i>	Common Milkweed	Nectar	Larval	Monarch, Regal Fritillary, Clouded Sulphur, Great Spangled Fritillary
<i>Asclepias tuberosa</i>	Butterfly Milkweed	Nectar	Larval	Monarch, Regal Fritillary, Clouded Sulphur, Great Spangled Fritillary, Coral Hairstreak, Edwards Hairstreak
<i>Asclepias verticillata</i>	Whorled Milkweed	Nectar	Larval	Monarch, Regal Fritillary, Clouded Sulphur
<i>Asclepias viridiflora</i>	Short Green Milkweed	Nectar	Larval	Monarch, Regal Fritillary, Clouded Sulphur
<i>Aster ericoides</i>	Heath Aster	Nectar	Larval	Pearl Crescent
<i>Aster firmum</i>	Shining Aster	Nectar	Larval	Pearl Crescent
<i>Aster laevis</i>	Smooth Blue Aster	Nectar	Larval	Pearl Crescent
<i>Aster lanceolatus</i>	Panicled Aster, Marsh Aster	Nectar	Larval	Pearl Crescent
<i>Aster lateriflorus</i>	Calico Aster	Nectar	Larval	Pearl Crescent
<i>Aster linariifolius</i>	Flax-leaved Aster	Nectar	Larval	Pearl Crescent
<i>Aster novae-angliae</i>	New England Aster	Nectar	Larval	Pearl Crescent, Common Checkered Skipper
<i>Aster oblongifolius</i>	Aromatic Aster	Nectar	Larval	Pearl Crescent
<i>Aster oolentangiense</i>	Sky Blue Aster	Nectar	Larval	Pearl Crescent

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<i>Aster pilosus</i>	Frost Aster	Nectar	Larval	Pearl Crescent
<i>Aster prenanthoides</i>	Crooked Stem Aster	Nectar	Larval	Pearl Crescent
<i>Aster sericeus</i>	Silky Aster	Nectar	Larval	Pearl Crescent
<i>Astragalus canadensis</i>	Canadian Milk Vetch		Larval	Eastern Tailed Blue, Other Blues
<i>Baptisia alba</i>	White Wild Indigo		Larval	Wild Indigo Duckywing
<i>Baptisia bracteata</i>	Cream Wild indigo		Larval	Wild Indigo Duskywing
<i>Bidens cernuus</i>	Beggar Ticks	Nectar		
<i>Boltonia asteroides</i>	Boltonia			
<i>Callirhoe triangulata</i>	Poppy Mallow			
<i>Caltha palustris</i>	Marsh Marigold			
<i>Campanula americana</i>	Tall Bellflower	Nectar		
<i>Chamaecrista fasciculata</i>	Partridge Pea		Larval	Little Yellow
<i>Chelone glabra</i>	Turtlehead		Larval	Baltimore Checkerspot, Buckeye
<i>Cirsium discolor</i>	Pasture Thistle	Nectar	Larval	Black Swallowtail, Aphrodite Fritillary, Great Spangled Fritillary, Regal Fritillary, Southern Dogface
<i>Cirsium muticum</i>	Swamp Thistle	Nectar	Larval	Black Swallowtail, Aphrodite Fritillary, Great Spangled Fritillary, Regal Fritillary, Southern Dogface
<i>Coreopsis lanceolata</i>	Sand Coreopsis	Nectar		
<i>Coreopsis palmata</i>	Tickseed	Nectar		
<i>Dalea candida</i>	White Prairie Clover			
<i>Dalea purpurea</i>	Purple Prairie Clover			
<i>Desmodium canadense</i>	Canada Tick Trefoil			
<i>Desmodium illinoense</i>	Illinois Tick Trefoil			
<i>Echinacea pallida</i>	Pale Purple Coneflower	Nectar		
<i>Echinacea paradoxa</i>	Yellow Purple Conflower			
<i>Echinacea purpurea</i>	Purple Coneflower	Nectar		
<i>Epilobium angustifolium</i>	Fireweed			
<i>Erigeron annuus</i>	Annual Fleabane	Nectar		
<i>Eryngium yuccifolium</i>	Rattlesnake Master	Nectar		
<i>Eupatorium maculatum</i>	Spotted Joe Pye Weed	Nectar		Great Spangled Fritillary
<i>Eupatorium perfoliatum</i>	Boneset	Nectar		Bronze Copper
<i>Eupatorium purpureum</i>	Purple Joe Pye Weed	Nectar		Great Spangled Fritillary
<i>Filipendula rubra</i>	Queen of the Prairie			
<i>Fragaria virginiana</i>	Wild Strawberries	Nectar		Gray Hairstreak
<i>Geranium maculatum</i>	Wild Geranium	Nectar		
<i>Helenium autumnale</i>	Sneezeweed	Nectar	Larval	Dainty Sulphur

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<i>Helianthemum bicknellii</i>	Bicknell's Rock Rose			
<i>Helianthemum canadense</i>	Rock Rose			
<i>Helianthus grosseserratus</i>	Saw-tooth Sunflower	Nectar		Eastern Tiger Swallowtail
<i>Helianthus histutus</i>	Hairy Sunflower	Nectar		Eastern Tiger Swallowtail
<i>Helianthus laetiflorus</i>	Showy Sunflower	Nectar		Eastern Tiger Swallowtail
<i>Helianthus mollis</i>	Downy Sunflower	Nectar		Eastern Tiger Swallowtail
<i>Helianthus occidentalis</i>	Western Sunflower	Nectar		Eastern Tiger Swallowtail
<i>Helianthus strumosus</i>	Rough-Leaved Goldenrod	Nectar		Eastern Tiger Swallowtail
<i>Heliopsis helianthoides</i>	Ox-eye Sunflower	Nectar		
<i>Heuchera richardsonii</i>	Prairie Alum Root			
<i>Hieracium longipilum</i>	Long-haired Hawkweed	Nectar		Northern Cloudywing
<i>Houstonia caerulea</i>	Bluets			
<i>Impatiens capensis</i>	Orange Jewelweed	Nectar		Spicebush Swallowtail
<i>Iris virginica</i>	Wild Blue Flag Iris	Nectar		
<i>Lathyrus palustris</i>	Marsh Vetchling	Nectar		Silver-spotted Skipper
<i>Lathyrus venosus</i>	Veiny Pea	Nectar		Silver-spotted Skipper
<i>Lespedeza capitata</i>	Round-Headed Bush Clover	Nectar		Silver-spotted Skipper
<i>Liatris aspera</i>	Rough Blazing Star	Nectar		Eastern Tiger Swallowtail, Regal Fritillary
<i>Liatris cylindracea</i>	Cylindrical Blazing Star	Nectar		Eastern Tiger Swallowtail, Regal Fritillary
<i>Liatris ligulistylis</i>	Northern Plains Blazing Star, Showy Blazing Star	Nectar		Eastern Tiger Swallowtail, Regal Fritillary
<i>Liatris pycnostachya</i>	Thick Spike Gayfeather	Nectar		Eastern Tiger Swallowtail, Regal Fritillary
<i>Liatris spicata</i>	Marsh Blazing Star	Nectar		Eastern Tiger Swallowtail, Regal Fritillary
<i>Lilium michiganense</i>	Turk's Cap Lily			
<i>Lithospermum canescens</i>	Hoary Puccoon			
<i>Lithospermum caroliniense</i>	Hairy Puccoon			
<i>Lobelia cardinalis</i>	Cardinal Flower			Cloudless Sulphur
<i>Lobelia siphilitica</i>	Great Blue Lobelia			
<i>Lythrum alatum</i>	Winged Loosestrife			
<i>Lupinus perennis</i>	Wild Blue Lupine	Nectar	Larval	Silvery Blue, Eastern Tailed Blue, 'Karner' Melissa Blue, Orange Sulphur, Henry's Elfin, Wild Indigo Duskywing, Persius Duskywing
<i>Mentha arvensis</i>	Wild Mint			
<i>Monarda fistulosa</i>	Bergamot, Bee Balm	Nectar		Eastern Tiger Swallowtail
<i>Monarda punctata</i>	Spotted Bergamot	Nectar		Eastern Tiger Swallowtail
<i>Napaea dioica</i>	Glade Mallow			

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<i>Oenothera biennis</i>	Evening Primrose			
<i>Oenothera clelandii</i>	Sand Evening Primrose			
<i>Oenothera perennis</i>	Small Evening Primrose			
<i>Penstemon digitalis</i>	Tall Beard Tongue			
<i>Penstemon gracilis</i>	Slender Penstemon			
<i>Penstemon grandiflora</i>	Large Penstemon			
<i>Phlox glaberrima</i>	Smooth Phlox	Nectar		Clouded Sulphur
<i>Phlox pilosa</i>	Downy Phlox	Nectar		Clouded Sulphur
<i>Physostegia virginiana</i>	Obedient Plant, False Dragonhead	Nectar		
<i>Polygonum amphibium</i>	Water Smartweed		Larval	Purplish Copper
<i>Polygonum sagittatum</i>	Arrow Leaved Tear Thumb		Larval	Purplish Copper
<i>Pontederia cordata</i>	Pickernelweed			
<i>Prunella vulgaris</i>	Heal All, Self Heal	Nectar		
<i>Pseudognaphalium obtusifolium</i>	Sweet Everlasting		Larval	American Painted Lady
<i>Pycnanthemum virginianum</i>	Virginia Mountain Mint	Nectar		
<i>Ratibida pinnata</i>	Yellow Coneflower			
<i>Rudbeckia hirta</i>	Black-eyed Susan	Nectar		
<i>Rudbeckia subtomentosa</i>	Sweet Black-eyed Susan	Nectar		
<i>Rudbeckia triloba</i>	Brown-eyed Susan	Nectar		
<i>Ruellia humilis</i>	Wild Petunia			
<i>Rumex</i> spp.	Docks, Sorrels		Larval	Gray Copper, Purplish Copper
<i>Senna hebecarpa</i>	Wild Sensitive Plant		Larval	Cloudless Sulphur
<i>Silphium integrifolium</i>	Rosinweed	Nectar		
<i>Silphium laciniatum</i>	Compass Plant	Nectar		
<i>Silphium perfoliatum</i>	Cup Plant	Nectar		
<i>Silphium terebinthinaceum</i>	Prairie Dock	Nectar		
<i>Solidago caesia</i>	Blue Stemmed Goldenrod	Nectar	Larval	Bronze Copper
<i>Solidago canadensis</i>	Canadian Goldenrod	Nectar	Larval	Bronze Copper
<i>Solidago gigantea</i>	Late Goldenrod	Nectar	Larval	Bronze Copper
<i>Solidago missouriensis</i>	Missouri Goldenrod	Nectar	Larval	Bronze Copper
<i>Solidago nemoralis</i>	Old-field Goldenrod	Nectar	Larval	Bronze Copper
<i>Solidago ptarmicoides</i>	Prairie Goldenrod	Nectar	Larval	Bronze Copper
<i>Solidago riddellii</i>	Ridell's Goldenrod	Nectar	Larval	Bronze Copper
<i>Solidago rigida</i>	Stiff Goldenrod	Nectar	Larval	Bronze Copper
<i>Solidago speciosa</i>	Showy Goldenrod	Nectar	Larval	Bronze Copper

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<i>Solidago ulmifolia</i>	Elm-leaved Goldenrod	Nectar	Larval	Bronze Copper
<i>Taenidia integerrima</i>	Yellow Pimpernel			
<i>Tradescantia ohiensis</i>	Spiderwort	Nectar		
<i>Urtica dioica</i>	Stinging Nettle		Larval	Red-spotted Admiral, Question Mark, Commas
<i>Verbena hastata</i>	Blue Vervain	Nectar		
<i>Verbena stricta</i>	Hoary Vervain	Nectar		
<i>Vernonia fasciculata</i>	Ironweed	Nectar		
<i>Veronicastrum virginicum</i>	Culver's Root	Nectar		
<i>Vicia villosa</i>	Hairy Vetch	Nectar	Larval	Gray Hairstreak, Eastern Tailed Blue, Other Blues, Orange Sulphur
<i>Vicia americana</i>	American Vetch	Nectar	Larval	Gray Hairstreak, Eastern Tailed Blue, Other Blues, Orange Sulphur
<i>Viola pedata</i>	Birdsfoot Violet	Nectar		
<i>Viola pedatifida</i>	Prairie Violet	Nectar		
<i>Viola sagittata</i>	Arrow-leaved Violet	Nectar		
<i>Viola sororia</i>	Common Blue Violet	Nectar	Larval	Great Spangled Fritillary, Meadow Fritillary, Aphrodite Fritillary, Variegated Fritillary
<i>Zizia aptera</i>	Heartleaf Golden Alexander	Nectar		
<i>Zizia aurea</i>	Golden Alexander	Nectar		
Prairie Grasses			Larval	Common Wood Nymph, Little Wood Satyr, Eyed Brown, Common Ringlet, Other Skippers